

The Hague Optimist Cup

Sailing Instructions

The international The Hague Optimist Cup 2019, will be held on 26 and 27 October 2019, in The Netherlands.

The organizing Authority is the Zeil Club Kurenpolder in conjunction with Optimist Club Nederland.

1. ABBREVIATIONS

SP	Rules for which a standard penalty may be applied by the race committee without a hearing or a discretionary penalty applied by the international jury with a hearing.
DP	Rules for which the penalties are at the discretion of the International Jury.
NP	Rules that are not grounds for protest by a boat (This changes rule 60.1 (a))

2. RULES

- 1.1. The Regatta will be governed by the "rules" as defined in The Racing Rules of Sailing.
- 1.2. The current Conditions of IODA will apply.
- 1.3. No national authority prescriptions will apply.
- 1.4. The first three sentences of rule 61.1 (a) are changed to: "A boat intending to protest shall inform the other boat at the first reasonable opportunity. When her protest will concern an incident in the racing area that she was involved in or saw, she shall hail 'Protest'.
- 1.5. Rule 40 and the preamble to Part 4 are changed as follows:
 - 1.5.1. The first sentence of rule 40 is deleted and replaced by: "Each competitor shall wear a personal flotation device (PFD) according to class rule 4.2 (a), properly secured at all times while on the water except when temporarily adding or removing clothing."
- 1.6. If there is a conflict between languages, the English text will take precedence.
- 1.7. If there is any conflict between the Sailing Instructions and the Notice of Race, the Sailing instructions will prevail.
- 1.8. Arbitration will be in effect for protests involving rules of RRS Part 2 and rule 31. Appendix T applies.

3. [NP][DP]CAMERAS AND ELECTRONIC EQUIPMENT

- 3.1. Boats may be required to carry cameras, sound equipment or positioning equipment as specified by the Organizing Authority. Information from this equipment shall not be used by a boat as evidence in a hearing. This changes rule 63.6.
- 3.2. The equipment provided, once placed on the boat as instructed by the Organizing Authority, shall not be manipulated by the competitor or the coach in any way, except when so required by the organizing authority.

4. COMMUNICATIONS WITH COMPETITORS

- 4.1. Notices to competitors will be posted on the Official Notice Board
- 4.2. When a visual signal is displayed over a fleet(s) flag, the signal applies only to that fleet(s). This changes the Race Signals preamble.

- 4.3. Signals made ashore will be displayed from the official flagpole
- 4.4. When flag AP displayed with two sounds means, All races not started are postponed', 1 minute' is replaced by 'not less than 60 minutes' in the text under AP in RRS – Race Signals.
- 4.5. **[NP][DP]** Flag D displayed with one sound means: "the warning signal will be made not less than 60 minutes after flag D is displayed." Boats shall not leave their assigned places until this signal is made."
- 4.6. **[NP][DP]** Flag T displayed means: "Boats are not allowed to sail on their own to the racing area. Boats have to tow by a Official Boat from the inside towing area to at least 0.3 mile outside the harbour entrance. See also Attachment 2

5. CHANGES TO SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted on the official notice board before 09:00 hours on the day it will take effect, except that any change to the schedule of races will be posted by 20:00 hours on the day before it will take effect.

6. [DP] BOATS

Hulls, foils, and dagger boards of chartered and non-chartered equipment may be cleaned but only with water.

7. FORMAT OF RACING

- 7.1. The fleet will be divided in starting groups of maximum 70 boats Initial assignments for the races will be made on a random basis by the OA. Those assignments will be posted no later than 0900. on Saturday .
- 7.2. For Sunday, boats will be reassigned to starting groups, except if on the first day only one race is completed.
- 7.3. If all starting groups have completed the same number of races, boats will be reassigned on the basis of their ranks in the series. If not all starting groups have completed the same number of races the series scores for reassignment will be calculated for those races completed by all starting groups. Races not completed by all starting group will be abandoned.
- 7.4. Reassignments will be made on a 1,2,3,3,2,1,1,2,3, etc. basis into different colour groups. Assignments will be based on the ranking available at 2100u that day regardless of protests or requests for redress not yet decided. Assignments or re-assignments will be no grounds for redress. This changes RRS 62.
- 7.5. If less than 75 boats register, the fleet will not be divided in starting groups
- 7.6. **[NP][DP]** Boats shall display a coloured ribbon corresponding to the colour of her fleet, permanently fixed during the day's races and free to fly from the top of the sprit. The ribbons will be provided at Registration.

8. PROGRAMME

8.1. Programme

Friday 25 October	Registration From 18:00 hrs. to 20:00 hrs.
Saturday, 26 October 2019	Warning signal for the race 11:25

	4 races
Sunday, 27 October 2019	Warning signal for the race 10:25 4 races
Sunday, 27 October 2019	Price giving a.s.a.p. after the finish of the last race

- 8.2. One extra race per day may be sailed, provided that the change is made according to instruction 4.
- 8.3. The scheduled time of the coaches meeting each day is 2.5 hours before the first start of the day. Meetings will take place in front of the race office
- 8.4. On the last day of racing, no warning signal will be made after 15:00 hours. However a race, that would have started prior to 15:00, if not for a general recall, may be re started after 15:00

9. CLASS FLAGS

The class flag will be the fleet flags as follows:

A fleet flag is a flag of the colour of the corresponding fleet

Fleet 1 Yellow

Fleet 2 Blue

10. RACING AREA

Attachment 3 shows the approximate location of the racing area.

11. THE COURSE

- 11.1. The diagram in Attachment 4 shows the course, including the order in which marks are to be passed, and the side on which each mark is to be left
- 11.2. No later than the preparatory signal and until the starting signal, the race committee signal boat will display the course information, indicating the number of laps and the approximate true bearing on mark 1.

12. MARKS

- 12.1. Mark 1, 2, 3 and 3P will be Yellow cylindrical inflatable buoys.
- 12.2. New marks, as provided in instruction 13.1, will be orange cylindrical inflatable buoys.
- 12.3. The starting and finishing marks will be a buoy displaying an orange flag
- 12.4. Except at a gate, a race committee boat signaling a change of a leg of the course is a mark as provided in instruction 13.1.

13. THE START

- 13.1. the starting line will be between a pole or mast displaying an orange flag aboard of the race committee signal vessel at the starboard end and a dan buoy displaying an orange flag at the port end of the starting line or a pole with an orange flag at a dinghy at the port side of the starting line. .

- 13.2. To alert boats that a race or sequence of races will begin soon, the orange flag defining the starboard end of the starting line will be displayed with one sound at least five minutes before a warning signal is displayed.
- 13.3. **[DP][NP]** When the warning signal for the first fleet has been made, boats from other fleets shall be in the waiting area as defined in 12.5. Boats may approach the starting line after the start of the previous fleet.
- 13.4. **[DP][NP]** Boats that have finished shall return directly to the waiting area or ashore, keeping well clear of all boats racing and of all boats whose warning signal has been made.
- 13.5. A boat starting later than four (4) minutes after her starting signal will be scored Did Not Start without a hearing. This changes rules A4 and A5.
- 13.6. The starting order of the fleets will be: Yellow and then Blue after the first race the starting order can be changed by the Race Committee in order to shorten waiting time

14. CHANGE OF THE NEXT LEG OF THE COURSE

- 14.1. To change the next leg of the course, the Race Committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable
- 14.2. Except at a gate, boats shall pass between the race committee boat signaling the change of course and the nearby mark, leaving the mark to port and the race committee boat to starboard. This changes rule 28.1.

15. THE FINISH

The finishing line will be between staffs displaying orange flags on the finishing marks.

16. PENALTY SYSTEM

- 16.1. **[NP][DP]** A boat that has taken a penalty or retired according to rule 44.1 shall complete an acknowledgement form at the Race Office within the protest time limit.
- 16.2. The Race Committee or the Technical Committee may apply a standard penalty **[SP]** for breaches of Class Rules, Notice of Race or Sailing Instructions. This changes rule 63.1 and the penalty may also be less than disqualification.
- 16.3. The penalty for breaches of Sailing Instructions marked **[DP]** and Notice of Race 16.3 may be less than disqualification if the Jury so decides.
- 16.4. Appendix P will apply.

17. TIME LIMITS AND TARGET TIMES

17.1. Time limits and target times are as follows:

TIME LIMIT	MARK 1 TIME LIMIT	TARGET TIME
90 minutes	25 minutes	45 minutes

- 17.2. If no boat has passed Mark 1 within the Mark 1 time limit, the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes rule 62.1(a).
- 17.3. Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes rules 35, A4 and A5.

18. PROTESTS AND REQUESTS FOR REDRESS

- 18.1. To inform the Race Committee of the boat/s being protested, the boat intending to protest shall approach the race committee boat at the starboard end of the finishing line immediately after finishing and shall hail the protested boat's sail number/s while sailing along her starboard side.
- 18.2. Protest forms are available from Jury Secretary in the Race Office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 18.3. The protest time limit is 90 minutes after the last boat has finished the last race of the day or the Race Committee signal no more racing today, whichever is later.
- 18.4. Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the jury room, located near by the regatta office. No hearing will start after 21:00 hours.
- 18.5. Notices of protests by the Race Committee, Technical Committee or Jury will be posted to inform boats under rule 61.1(b).
- 18.6. A list of boats that under instruction 15.4 have been penalized for breaking rule 42 will be posted.
- 18.7. For the purpose of measurement protests as per rule 64.3 (b), the "authority responsible" is the Technical Committee representative.
- 18.8. On the last scheduled day of qualifying series a request for reopening a hearing shall be delivered:
 - 18.8.1. Within the protest time limit if the requesting party was informed of the decision on the previous day.
 - 18.8.2. No later than 30 minutes after the requesting party was informed of the decision on that day. This changes rule 66.
- 18.9. On the last scheduled day of the final series or the qualification series, a request for redress based on a Jury decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.
- 18.10. Decisions of the Jury are final as provided in rule 70.5.

19. SCORING

- 19.1. Race scores instructions 18.1.1 and 18.1.2 apply only when boats sail in separate fleets. Instruction 18.1.2 applies only to the qualifying series.
 - 19.1.1. Rule A4.2 is changed so that the scores are based on the number of boats assigned to the largest fleet.
- 19.2. Three races are required to be completed to constitute a series.
- 19.3. When fewer than five races have been completed, a boat's series score will be the total of her race scores.
- 19.4. When five (5) or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 19.5. When ten (10) or more races have been completed, a boat's series score will be the total of her race scores excluding her two (2) worst scores.
- 19.6. To request correction of an alleged error in the posted races or series results, a boat shall complete a scoring enquiry form available at the Race Office.
- 19.7. For the overall scoring in final series, boats will be ranked in the order of their regatta score within the fleet (Gold or Silver) to which they were assigned under SI 6.3.3 or 6.3.4.
- 19.8. For the purpose of rule 30.4, the first race of the final series will not be considered a restart or a re-sail of the excluded qualifying series race as per 18.1.2. This changes rule 30.4.

20. [NP][DP] SAFETY REGULATIONS

- 20.1. A boat retiring from a race shall notify a race committee or safety boat before leaving the course. For all boats it's not allowed to go on their own to the harbour, they need assistants from a official boat.
- 20.2. Competitors who require assistance shall blow a whistle or wave the paddle or one arm. The Race Committee reserves the right to assist competitors who in their opinion require assistance, regardless of the wishes of the competitor. This will not be grounds for redress. This changes rule 62.1(a).
- 20.3. When the Race Committee displays flag V with repetitive sounds and/or broadcasts "Code Flag Victor" on the designated VHF Channel 88, all official and support boats shall comply with any instruction given by the Race Committee or the Organising Authority as assistance / rescue boats.
- 20.4. When the Race Committee displays flag T boats are not allowed to sail on their own to the harbour. Boats have to tow by a Official Boat from the outside towing area to the inside towing area. See also Attachment 2
- 20.5. When boats are allowed to sail on their own from the beach to the racing area and from the racing area to the beach they have to stay at the south side of the port entrance.

21. [DP] REPLACEMENT OF EQUIPMENT

- 21.1. Substitution of damaged or lost equipment will not be allowed unless approved in writing by the Race Committee. Requests for substitution shall be made to the Race Committee at the first reasonable opportunity.
- 21.2. Substitution of damaged equipment may be permitted provided the relevant form has been completed at the Race Office and both the damaged and the substituting equipment has been inspected by the Race Committee.
- 21.3. If the substitution was made on the water between races, both the damaged and the substituting equipment shall be presented to the Race Committee after the end of the day's racing. The substitution is subject to the approval of the Race Committee given retrospectively.

22. [DP][NP][SP] EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the Class Rules, the Notice of Race or the Sailing Instructions.

23. OFFICIAL AND ACCREDITED BOATS

- 23.1. Official boats will be identified as follows:

Race committee signals vessel	Flag with RC
Race committee boats	Flag with RC
Jury boats	Yellow flag with black "JURY"
Safety boats	Purple flag
Support boats	Sticker with number

23.2. Accredited boats will be identified as follows:

Media/ Press	White flag with black 'PRESS'
VIP boats	White flag with back 'VIP'

24. SUPPORT BOATS

- 24.1. **[NP]** Team Leaders, Coaches and other support personnel shall stay outside areas where boats are or will be racing from the time the orange flag is displayed until all boats in that race have finished or the Race Committee signals a postponement or abandonment. To observe a race, support boats may move from leeward to windward through the port side of the course keeping well clear, approximately 100 metres from the course area. When a race committee or jury member indicates a support boat to move further from the course area, the mentioned boat shall do so immediately.
- 24.2. **[DP]** All boats associated with the infringing support boat may be penalized at the discretion of the Jury for the race on which the support personnel failed to comply with Notice of Race 13 and/or with this instruction. This changes rule 63.1
- 24.3. **[DP]** All support boats must carry a VHF radio, channel 88, at all times while at sea.
- 24.4. **[DP]** If a support boat will leave or enter the harbour, when the sailors do not go outside or going inside, they must report the Safety Officer on VHF 88 for permission to leave or to enter the harbour.
- 24.5. **[DP]** All persons in Official Boats (except on the Race committee signals and finish vessel) must wear a personal flotation device (PFD), properly secured and visible at all times, from dock to dock except when temporarily adding or removing clothing.

25. **[NP][DP]** TRASH DISPOSAL

In addition to rule 55, trash may be placed aboard all Official boats

26. **[NP][DP]** BERTHING

Boats shall be kept in their assigned places in the boat park.

27. PRIZES

Prizes will be awarded in accordance with the Notice of Race.

28. RISK STATEMENT

- 28.1. Competitors and support team participate in the regatta entirely at their own risk and responsibility and they are reminded of the provisions of rule 4, Decision to Race. Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor and the responsible adult agrees and acknowledges that:
- 28.1.1. They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves and their boat to such inherent risk whilst taking part in the event;

- 28.1.2. They are responsible for the safety of themselves and their boat, and their other property whether afloat or ashore.
- 28.1.3. They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission;
- 28.1.4. Their boat is in good order, equipped to sail in the event, and they are fit to participate;
- 28.1.5. The provision of a race management team, patrol boats and other officials and volunteers by the eventorganiser does not relieve them of their own responsibilities;
- 28.1.6. The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

29. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. the Optimist Club Nederland, the Zeil Club Kurenpolder, the involved Race Committee, any other parties and/or persons involved in the organization of the races and persons who are being used by these parties, will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

30. [NP] INSURANCE

- 30.1. Each participating boat shall be insured with valid third party liability insurance with a minimum cover of EUR 1,500,000 per event or equivalent.
- 30.2. All support boats shall have third party liability insurance with a minimum cover of EUR 1,500,000 per event or equivalent.
- 30.3. The Organising Authority is not responsible for verifying the status or validity of certificates.

31. RIGHT TO USE NAME AND LIKENESS

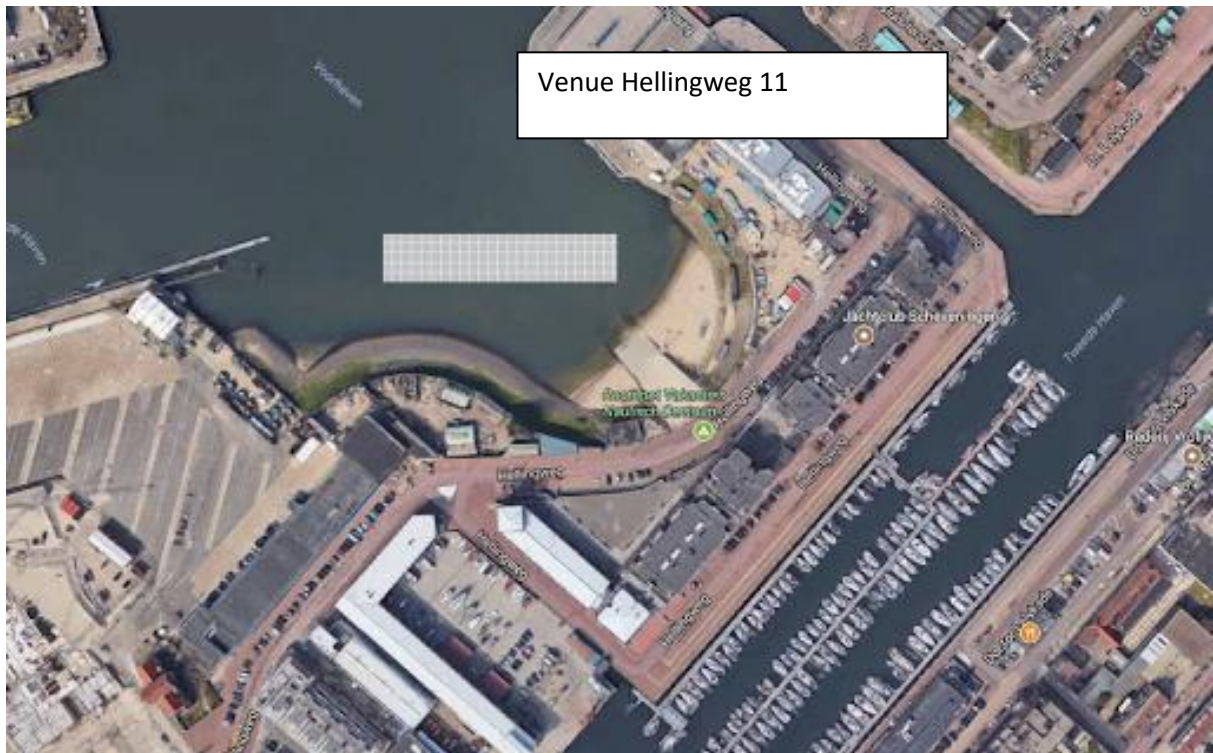
In participating in this regatta, a competitor automatically grants to the organizing authority and the sponsors of the regatta the right in perpetuity to make, use and show at their discretion any motion pictures, still pictures and live, taped or filmed television and other reproductions of him or her during the regatta, and of all of his or her material related to the regatta, without compensation.

32. [DP] BEACH MASTER & OFFICIALS

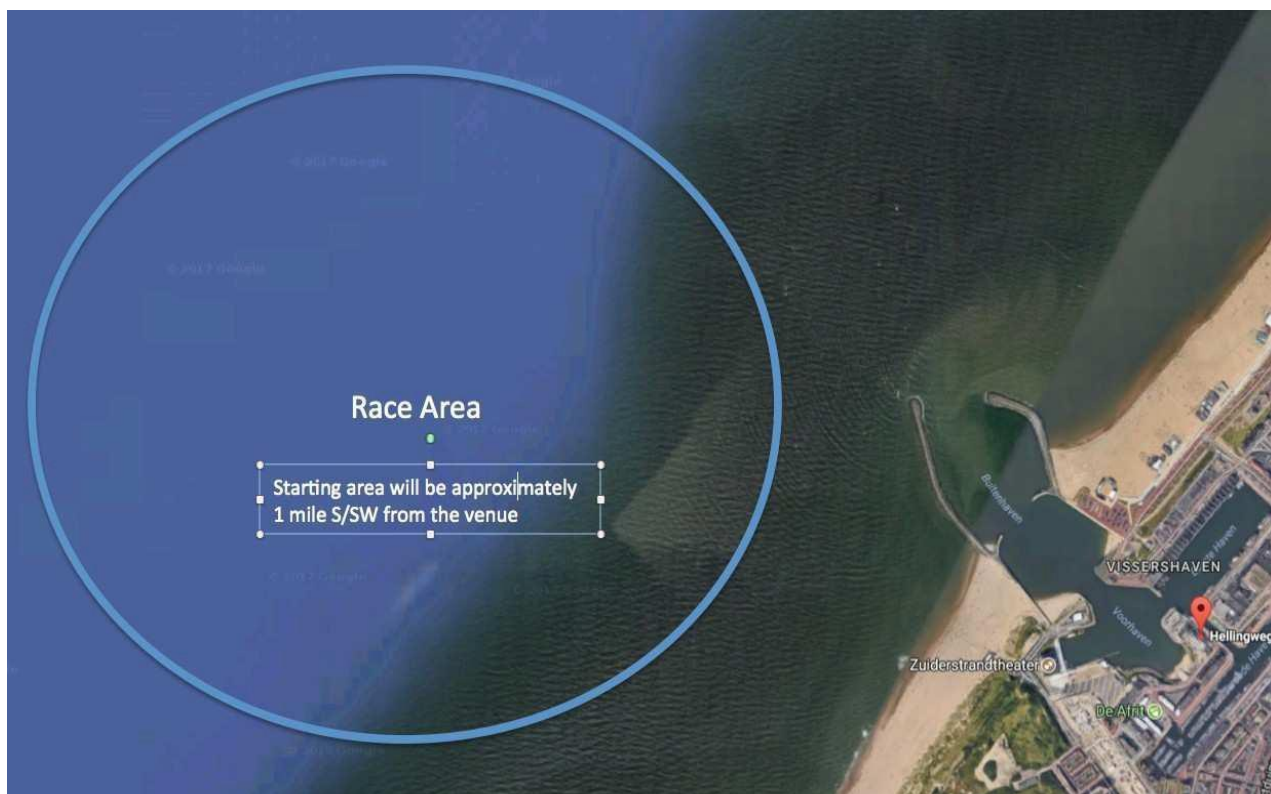
Sailors and support persons shall obey the instructions of the Beach Masters and Parking Stewards.

Sailors and support persons failing to obey may be excluded from participation in one or more races.

Attachment 1 Regatta Venue



Attachment 3 Racing Area



Attachment 4 the Course

